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BIOPHILIA 2017-3

Date of issue; October 5, 2017

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Workshop Biophilia 2017 in Riga at Glance

**The 14th International Biophilia Rehabilitation Conference - IBRC
Workshop BIOPHILIA 2017 in Riga**

Tuesday (10.10.2017)

Place: **Riga Stradins University**, Kristapa Iela 30

Press Conference

11.00– 11.20 Prof. TAKIZAWA. Shigeo Welcome speech

11.20 - 11.40 Prof. Gunta Ancāne

Wednesday (11.10.2017)

**The 14th International Biophilia Rehabilitation Conference - IBRC
Workshop BIOPHILIA 2017 in Riga**

9.00 – 9.15 **Registration and reception**

9.15 – 10.00 **Welcome**

- Prof. Gunta Ancane - Head of the Department of Psychosomatics and Psychotherapy, RSU
- Prof. Shigeo Takizawa - Biophilia Institute, Japan
- Dr. Anda Nulle - Chair of the Board National Rehabilitation center “Vaivari”, Latvia
President of Latvian Association of Rehabilitation Physicians
- Dean and Assoc. prof. Signe Tomsone - Faculty of Rehabilitation, RSU
- Representative of the Embassy of Japan in Latvia

10.00 – 10.20 (Taki) Shigeo Takizawa - Biophilia Institute

To Shape the New Civilization, which does not make the Increase in Elderly a Negative Factor

10.20 – 10.40 Toshiyuki Tanaka - Keio University

Prospective Rehabilitation System in the Declining Birth Rate and the Aging Society

10.40- 11.00 Yoshiko Morita - Department of the rehabilitation Medicine, Okayama rehabilitation hospital

Explanation of the Takizawa Method and Motivative Exercise

11.00 – 11.20 Rika Wada - Tachibana orthopedic Hospital Rehabilitation Center

The Reality of my Facility to Introduce Takizawa Method and Motivative Exercise

11.20 – 11.40 **Discussion**

11.40– 11.55 **Coffee break**

11.55 – 12.15 Kiyoshi Morita - ex-President of the Okayama University

Practice of Advanced Medical Research of the Okayama University (National)

12.15 – 12.45 Hiroshi Nagasawa - Shonan Iryo University

Physical therapy strategies to prevent sarcopenia and frailty for Japanese elderly people

12.45 – 13.05 Mieczyslaw Pokorski. Memory function: A clinical perspective

13.05 – 13.35 **Discussion group about the future collaboration**